Finding Om in a Papaya

By Linda Canestraight

This papaya was presented to me by my host Komal Goswami's neighbor Mr. Badal, who is a retired Chemistry Professor living in Indore, Vijaynagar community.
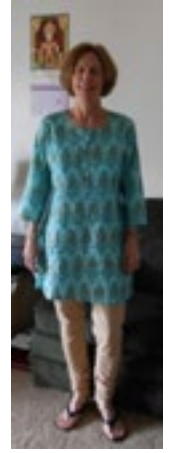
God indeed shows us signs everyday of His blessings. We only need to open our eyes and our minds to see His presence.

When this fresh papaya was cut open during my stay in Indore, to our amazement, a perfect Om symbol was revealed inside. This papaya had to be planted, grown, harvested, put on a specific vendor cart, selected and cut appropriately by Mr. Badal so it could be presented to me while I was in Indore during research on Omkara Mandhata, a holy island shaped like the sacred symbol "OM." Much of this had to have taken place months before my trip to India was even planned. God knew something I didn't know when he planted that papaya. This blessing was a very spiritual moment for me.

Once again, Om is everywhere, God is everywhere.

During her time in India researching Om, Linda discovered the Om symbol in a papaya.
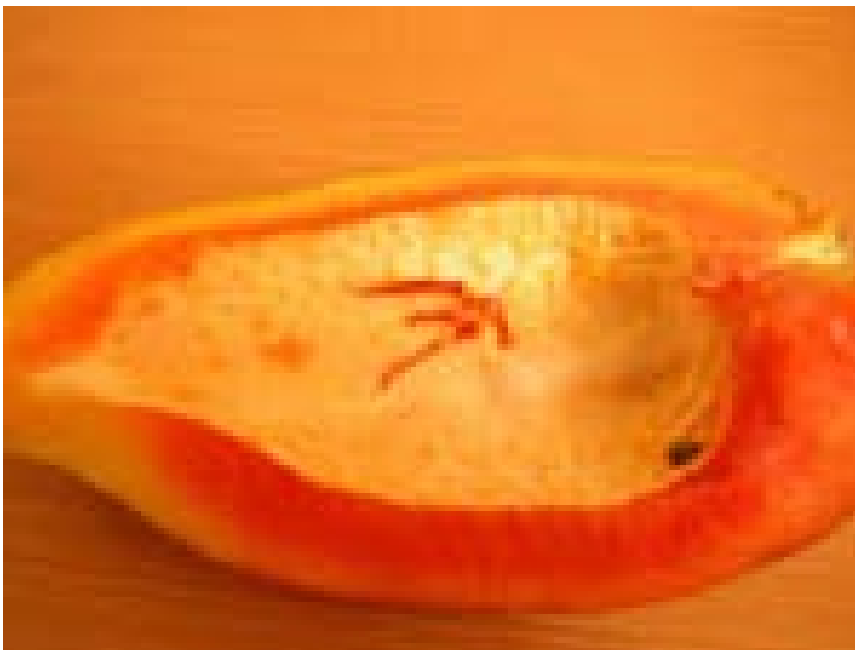
A Note from the Author

I am a Christian by faith. Om came into my life several years ago by way of friends of the Hindu faith. Since then, I have learned so much about this spiritual symbol for God. This awaking of Om inside of me has brought wonderful things to me. Om inspires me everyday with my work; it guides me in the right direction in my life.

I saw and experienced this holy name Om for myself when I traveled to India in March 2003. A fresh papaya was picked off a full vegetable/fruit cart and cut to reveal a perfect Om symbol. The choice and cutting of this papaya was guided by God; just cutting the wrong direction would have destroyed the Om symbol.

This was confirmation to me that I was where I was supposed to be and doing what I was supposed to be doing. It reminded me that God provided this Om, an expression of Himself. I keep Om with me all day now; I take refuge in this holy name. It fills my spirit and makes me feel complete; the oneness with God is most rewarding.